

## 2011-2012 Winter Inter Community Girls Basketball Rules

NCHSAA basketball rules apply with the following exceptions.

### **Ages 7/8**

8' goal

28.5" ball

(4) 6 minute quarters regulation clock

Every player must play a minimum of (9) minutes per game to include both 1<sup>st</sup> and 2<sup>nd</sup> half of game. Teams with roster of 11 players (8) minutes, 12 players (7) minutes etc...

5 second lane violation

Free Throw from 12'

No press – if possession changes based on rebound, team cannot steal or take ball away until the offensive player reaches half court.

Defense play does not start until offense has ball  $\frac{1}{2}$  between half-court line and top of 3 point line. "No half court press" for 1<sup>st</sup> 3 quarters

### **Ages 9/10**

Regulation goal

28.5" ball

(4) 6 minute quarters regulation clock

Every player must play a minimum of (9) minutes per game to include both 1<sup>st</sup> and 2<sup>nd</sup> half of game. Teams with roster of 11 players (8) minutes, 12 players (7) minutes etc...

5 second lane violation

No press in 1<sup>st</sup> 3 quarters – if possession changes based on rebound, team cannot steal or take ball away until the offensive player reaches half court.

### **Ages 11/12 (may include 10 or 13 depending on team size)**

Regulation Goal

28.5" ball

(4) 6 minute quarters regulation clock

Every player must play a minimum of (9) minutes per game to include both 1<sup>st</sup> and 2<sup>nd</sup> half of game. Teams with roster of 11 players (8) minutes, 12 players (7) minutes etc...

### **Ages 14/18**

Regulation goal

28.5" ball

(4) 8 minute quarters regulation clock

Every player must play a minimum of (9) minutes per game to include both 1<sup>st</sup> and 2<sup>nd</sup> half of game. Teams with roster of 11 players (8) minutes, 12 players (7) minutes etc...

Additional League Rules:

- No team ages 6-10 can press with a 10 point lead (Teams will receive two verbal warnings; 3rd results in a technical foul). **If lead drops below 5 points press can continue.**
- No team ages 11-18 can press with a 15 point lead (Teams will receive two verbal warnings; 3rd results in a technical foul). **If lead drops below 10 points press can continue.**

**All ages – running clock is invoked after a 20 point lead. Clock only stops at time out. If lead drops below 10 return to standard regulation clock**

- All 7-12 teams are given 5 time outs per game (3 - 30 second / 2 - 60 second)
- All 13-18 teams are given 5 time outs per game (5 - 30 second)
- All league teams are given 7 team fouls per half and then Bonus is invoked
- All league players are given 5 personal fouls and then player is no longer eligible to play for rest of game.
- Coaches and/or players receiving 2 technical fouls in one game will be removed from facility (Player will sit out for one game & coaches action will be reviewed by the Basketball committee)
- Players receiving 1 flagrant foul will be removed from play for 2 quarters of the current game. If player receives a second flagrant foul anytime during the remainder of the season, he will be removed from the current game and suspended for the next scheduled game.

**Players cannot play on multiple rosters (no roster jumping). If a team is down players due to sickness, availability, etc. (<6 players present)...every effort should be made to pull from younger age group – no “picking**

up players". Players playing up from a younger team may only play up to 5 times total in the season (including tournament play).

Minimum amount of players needed to play a regulation game is 4. If less than 4 team must forfeit.

- All players must have shirt tails tucked in. No players will be allowed on floor unless shirt is properly tucked in.
- No jewelry is permitted to be worn at any time during game. No players will be permitted on floor unless jewelry is removed.

ALL COACHES ARE RESPONSIBLE FOR PROVIDING EITHER A CLOCK KEEPER (VISITOR TEAM) OR BOOK KEEPER (HOME TEAM) DURING YOUR GAME.

Rules Approved By:

Stokesdale – Troy A Johnson

Summerfield – Rob Langston

Oak Ridge – Steve and Jamie Dowdy

Brown Summit – Jeff Johnson