



NORTHWEST VIKING FOOTBALL CAMP



FOR: VARSITY AND J.V.

PURPOSE: THE STATE OF NORTH CAROLINA ALLOWS FOR A SUMMER FOOTBALL SKILLS CAMP PRIOR TO THE FIRST DAY OF PRACTICE. WE USE THIS TIME TO BEGIN THE INSTALLATION OF OUR OFFENSE/DEFENSE/AND SPECIAL TEAMS. THIS CAMP IS **NOT MANDATORY - BUT IT IS HIGHLY RECOMMENDED.**

GUEST COACH: THIS YEAR WE ARE BRINGING IN A NATIONALLY KNOWN CONSULTANT NAMED BILL WILLIAMS TO WORK WITH OUR PLAYERS AND COACHES. MR. WILLIAMS IS RECOGNIZED AS BEING ONE OF THE LEADERS IN THE AREA OF PLAYER DEVELOPMENT. WHILE AT OUR CAMP BILL WILL BE FOCUSING ON TACKLING, BLOCK PROTECTION, AND OTHER SPECIAL SKILLS. HE IS GOING TO WORK WITH OUR PLAYERS ON NOT ONLY ON IMPROVING TECHNIQUES FOR BOTH EFFICIENCY AND SAFETY.

DATE/TIME: JULY 27-31ST MONDAY AND FRIDAY 4-8PM, TUES,WED, THURS ALL DAY (9:AM-8PM LUNCH WILL BE PROVIDED).

COST OF THE CAMP: \$50.00.

BILL WILLIAMS HAS RECENTLY CONDUCTED INSERVICES FOR:

NFL TEAMS



COLLEGE TEAMS



**PLAYER
REGISTRATION
FORM**

PLAYER NAME:

ADDRESS

CITY

ZIP

PHONE

SCHOOL

GRADE 2009-10

SHIRT SIZE

YOUTH SM ---M---L

ADULT SM ---M---L---XL---2XL

Please return Player Registration and
Parental Consent forms

(on back) and check for \$35.00 made
payable to Northwest Football:

Send to:
VIKING Football
c/o Joe Woodruff
5240 Northwest School Rd.
Greensboro, NC. 27409

INSTRUCTION:

This camp is designed to teach the fundamentals of football. This is a non-contact camp that will teach the fundamental techniques of tackling, throwing, kicking/punting, receiving, and blocking. We will also work on speed development and agilities. This is a great opportunity to get into a Football State Of Mind for the Fall Season.

COST:

There is a fee of \$35.00 for each player. All players will receive a Viking Football tee-shirt.

WHAT TO BRING

Football shoes, gym shoes, workout clothes,
and water

**FOR MORE INFORMATION
CONTACT:**

Joe Woodruff
Head Varsity Coach
WK: 336-605-3300
email: woodruj@gcsnc.com

**VIKING
FOOTBALL
YOUTH
CAMP**



**GRADES:
2ND-8TH**

**DATES:
JULY 14-16**

**TIME:
9:30-12 NOON**

**AT:
NORTHWEST
GUILFORD
HIGH SCHOOL**

**GAME FIELD
(MEET AT PRESSBOX
OF STADIUM)**

PARENTAL CONSENT

FORM

On behalf of myself and my child, I verify that my child is in normal good health and capable of participation in this camp. I understand that participation in this camp involves risk and possible injury.

I understand that the coaches will do everything possible to prevent injuries to my child. In the event of accidental injury, I understand that I will be responsible for any expenses incurred on my child's behalf in connection with such treatment.

I have read and understand the above statements and consent to participation by my child.

Parent/Guardian Signature:

Emergency Phone Number:

COACHING STAFF:

Joe Woodruff - Head Varsity Coach

Greg Simmons - Assistant Head Coach

Ron Bare- Assistant Coach

Dan Bobro - Assistant Coach

Steve Oele - Assistant Coach

Todd Murphy - Assistant Coach

Jim Scott - Assistant Coach

Dennis Stokes - Assistant Coach

Jim Wyatt - Assistant Coach

William Young - Assistant Coach

Guest Coaches
From both
the
Middle Schools
and
Pop Warner
Programs

and

Varsity Viking Football Players

**Joe Woodruff
Northwest Viking Football
5240 Northwest school Rd.
Greensboro, NC. 27409**